



In Person Organizing

OUR MISSION: To empower you to take control of your life and live more purposefully by revealing what is essential, creating systems and helping you shed the excess that is holding you back.

Simple Living Discussion Group Schedule

Courses are available stand-alone and as a series, pick what works for you!

You've read the books, blog posts, web sites. You KNOW what you need to do but putting those skills into action, being consistent...this is where you lose your motivation. You could use the support, accountability and inspiration that comes with working together.

November 20 2014

Emotional Attachments –
Letting Go When Letting Go is Hard

December 2014

Simple Gifts

January 15 2015

Setting Goals for Simple Living

February 19 2015

Where to Start

March 19 2015

Simplify Your Schedule

April 16 2015

When Simplifying & Going Green Collide

May 21 2015

Flexing Your Decision Making Muscle

June 18 2015

Barriers to Simplifying Part 1

July 16 2015

Barriers to Simplifying Part 2

August 20 2015

Building Simple Habits

September 17 2015

Chronic Disorganization

October 15 2015

Approaching Change

November 19 2015

Building Traditions

December 17 2015

Three Gifts: Diet, Sleep & Exercise

Register Here

SappariSolutions.com/Events
443-904-5412
info@sapparisolutions.com
\$12/class or \$40/4 classes

Get Started Today

Free Webinar! *How Virtual
Connections Build Real
Organizing Solutions*

Live Discussion Group

7pm Every 3rd Thursday at
Bahoukas GreenJoy
467 Franklin St.
Havre de Grace, MD 21078